

## Books

***Vocations Anonymous: A Handbook for Adults Discerning Priesthood and Religious Life*** by Kathleen Bryant, R.S.C. talks about what you need to hear—but frequently don't know how to ask—regarding the discernment process, plus ideas for finding your way, growing in prayer, and asking the right questions. Offered by Rogationist Publications, <http://vocationsandprayer.org/product/vocations-anonymous/>

***What's Your Decision?: How to Make Choices with Confidence and Clarity: An Ignatian Approach to Decision Making*** by J. Michael Sparough, SJ, Jim Manney and Tim Hipskind, SJ. Do you have an effective decision making process in place, one that you can consistently rely on to help you make good decisions? In *What's Your Decision?*, the authors introduce readers to a time-tested Ignatian approach to effective decision making. Based on the insights of St. Ignatius, the book addresses common questions such as What's important and what's not when it comes to making decisions? Can I ever trust my gut? What do I really want?. Available at Amazon.

***Religious Life and You, The Best of VISION Magazine*** by Carol Schuck Scheiber, 1996 Berry Publishing Services, Inc. If you think God may be nudging you to consider a church vocation, this book is for you. Here you'll encounter men and women living lives of quiet heroism. Meet the California girl who found herself singing African hymns... the priest who cuts million-dollar deals to house the homeless... the brothers who pray in a centuries-old rhythm. Our writers ask questions that may be on your mind, too. How do I pray? How do I discover my own vocation? What is religious life all about? Read *Religious Life and You* and explore the riches of modern church vocations. Available at Amazon.

***Listening Hearts: Discerning Call in Community*** by Suzanne G. Farnham, Joseph P. Gill, R. Taylor Mclean, Susan M. Ward. (1991) and 20<sup>th</sup> Anniversary Edition (2011) This 20<sup>th</sup> anniversary edition introduces the unique approach of *Listening Hearts* to the spiritual practice of discernment for a new generation. Written to make the often elusive and usually clergy-centered spiritual practice of discernment accessible to all people, *Listening Hearts* features simple reflections and exercises drawn from scripture and from Quaker and Ignatian traditions. The seminal work in the *Listening Hearts* Series, this book has been a beloved resource for tens of thousands of individual readers, retreat participants, small groups and church leaders, listening for and responding to God's call in their lives. Available at Amazon.

***Hearing with the Heart: A Gentle Guide to Discerning God's Will for Your Life*** by Debra K. Farrington, 2002. Only through learning to hear with our hearts tuned closely to God can we discern how we should find our way through the crowded and confusing thickets of our lives. Popular writer and retreat leader Debra Farrington leads you through a gentle process for discovering how to invite God's presence into every aspect of your daily life. Available at Amazon.

***Doing What Comes Naturally: Jobs, Career and Vocation (Crossings: A Series for Young Adults)*** by Mary Anne Reese (1998) This book helps young adults explore the spiritual aspects of who they are becoming in the world. Through readings, life examples, prayer, and group discussion, they are led to consider their desires for life, vocations, careers, and the use of money. Available at Amazon.

***Sisters Are Doing What?!: Great Stories about Religious Women Today***, by Regina Coll (2004) Providing insights into the development of religious life in the last two centuries, this title introduces some amazing women and their communities who have gradually and courageously broken away from the contemplative model of religious life to meet contemporary needs. Available at Amazon.

***Let Your Life Speak: Listening to the Voice of Vocation***, by Parker Palmer. (1999) With wisdom, compassion, and gentle humor, Parker J. Palmer invites us to listen to the inner teacher and follow its leadings toward a sense of meaning and purpose. Telling stories from his own life and the lives of others who have made a difference, he shares insights gained from darkness and depression as well as fulfillment and joy, illuminating a pathway toward vocation for all who seek the true calling of their lives. Available at Amazon.

### ***Catholics on Call***

***Discerning a Life of Service in the Church*** Edited by Robin Ryan, CP

What do you really want to do with your life? Who do you want to be in your life? How does God speak to you about your life? This volume, like the Catholics on Call program at Catholic Theological Union in Chicago, raises these important questions. The highly respected essayists shed light on the variety of vocational paths in the church while providing insights about discernment, ministry, and prayer. They seek to offer young men and women information, guidance, and inspiration as they discern a life of ministry, and help them to discover that discerning a vocation is not a matter of choosing the more appealing of a variety of options; rather, it is an openness to discovering God's will. Available in paperback or ebook.

<https://www.litpress.org/Products/3270/Catholics-on-Call>