

Name: Sr. Belinda Monahan, OSB

Congregation: Benedictine Sisters of Chicago

"I am constantly amazed at the blessing it has been for me." -Sister Belinda



I had never planned to enter a monastery, although I was probably the person who was most surprised when I found myself exploring the possibility. I was in my mid-thirties, had finished a doctorate in archaeology and was doing research as an archaeologist, and planned to continue to do so. I had also very gradually become very involved at the campus church where I had gotten my degree. I was organizing the liturgical bread baking, which meant also attending liturgy committee meetings. At some point I began to attend daily Mass; not by conscious decision, I simply started getting up from work every day about four o'clock and heading to church. Shortly after that, I began spiritual direction because I had a sense that if I was going to do this, I should probably think about why, and what it meant. At that very first meeting, my spiritual director asked me whether I'd ever thought about becoming a nun. I laughed and answered very honestly, "No," and didn't really think about it again, except to wonder whether she asked that question of all single women who talked to her...

Follow the rest of Sister Belinda's "Sister Story" at Sister Story: Sister Belinda (osbchicago.org)